

AMOGHASIDDHI BUDDHIST CENTRE
Cyprus House, Queens Square, Attleborough
Norfolk NR17 2AE Tel 01953 451937

WORKING VISITS AT AMOGHASIDDHI CENTRE

Dear

Thank you for your interest in a working visit with us at Amoghasiddhi Buddhist Centre.

The work you do will depend on what projects we are focused on at the time of your visit ~ anything from decorating to gardening to café work.

We will provide free food and accommodation in return for 30 hours of work a week. In the evenings you are welcome to attend any of the classes and meditations.

So we can arrange your stay and provide suitable work that fits in with your skills, please fill in the booking form and return to us as soon as possible.

Please find enclosed more information about working visits and the Centre.
If you have any questions or queries please feel free to contact me.

I look forward to hearing from you.

Best wishes,
Pam Chaplin

(Admin Director)

AMOGHASIDDHI BUDDHIST CENTRE

WORKING HOLIDAY BOOKING FORM

Name
Address

.....
..... Postcode

.....
Telephone
Date of Birth Male / Female

Dates (1st Choice) From To
(2nd Choice) From To
(upto1 week stay only unless special circumstances)

What skills do you have?
(e.g Café, Cooking, Painting, Decorating, Gardening, Cleaning, Administration)
.....
.....

Why do you want to come to Amoghasiddhi Centre?
.....
.....

Do you have any special requirements? On any Medication?
(Dietary or Mobility)
.....
.....

How did you hear about us?
.....
.....

NKT Centre you attend (if applicable).....

Employer's Name & Address (most recent if unemployed)
.....
.....
.....Postcode

Referee (Known to you personally or professionally for at least 2 years)
Name..... Occupation.....
Telephone No..... Email.....

Please fill out **all** sections of the form. We will let you know shortly if your application has been accepted.

WORKING VISITS AT AMOGHASIDDHI BUDDHIST CENTRE

Cyprus House and Attleborough

Amoghasiddhi Buddhist Centre has been situated in Attleborough since March 2004. Set in beautiful Norfolk countryside, with plenty of opportunities for exploring, Cyprus House in Attleborough is surrounded by farmland and woodland and historic villages.

Attleborough is a very friendly small town approximately 12 miles from the beautiful city of Norwich. It is close to the Norfolk Broads and the spectacular Norfolk coast. Amoghasiddhi Centre is the home to a community of Buddhists of all ages and backgrounds. The centre provides a place where people can learn about the Buddhist way of life through study programmes, meditation classes, retreats and through practical work.

The Deal

For 30 hours work a week we provide 3 free meals a day and accommodation.

Work starts at 9am, with the day broken up by meal and tea breaks.

In the evenings you are more than welcome to join us for any of the classes and meditations.

On your days off you are free to explore the surrounding countryside and towns or relax within the centre.

The Food

Being a Buddhist Centre all meals are vegetarian but include eggs and dairy products. Dinner is served at 6pm every day, when all residents join together for a communal meal.

The Accommodation

We have cosy accommodation for your stay ~ you have your own room and share a bathroom. All you need to do is bring a sleeping bag, towel and some work clothes.

The Rules

All we ask is you do not

- Drink alcoholic beverages
- Eat meat or fish
- Play loud music or talk loudly, especially during our quiet times.
- Smoke

.....on Amoghasiddhi Centre grounds and premises.

We look forward to you joining us in our community.

“HOW TO FIND US”

CAR

From The North - Follow M1 to Junc 19. Exit onto A14 West to Felixstowe. Stay on the A14 and take the the A11 to Thetford and Norwich. About 15 miles past Thetford you meet a roundabout signposted Attleborough, follow the signs for 2 miles until you come to the town centre, Cyprus House can be found next door to the Esso garage on the left.

From The East - From the outer ring road in Norwich take the the A11 to London, follow the sign Attleborough. Follow the one way loop round the town centre, Cyprus House is next to the Esso garage.

From The South - Take the M11 from London northbound. Bear onto the A11 and follow the signs for Norwich. 12 miles short of Norwich is Attleborough which is clearly signposted. Turn right at the roundabout for Attleborough. After 2 miles approx. you will find Cyprus House on your left after the Esso Garage.

From The West - After passing Cambridge on the A14 take the A11 to Thetford and Norwich. About 15 miles past Thetford you meet a roundabout signposted Attleborough, follow the signs for 2 miles until you come to the town centre, Cyprus House can be found next door to the Esso garage on the left.

TRAIN

Nearest station Attleborough, connections from Cambridge and Norwich.

National Rail Enquiry Service (Advanced Timetable and Fare Information Line 24hrs)
0845 7 48 49 50

COACH & BUS

National Express Coaches (Booking and Information Line open daily 8am to 10pm) 08705 808080.

This service has stops at Attleborough

When you get off the bus you will see the Esso garage up the road, Cyprus House is the white building next door.